

Club Membership Meeting

Meeting Minutes

Date: 5-21-18 Time: 8:00 pm Location: Worcester Community Hall

Executive Council in attendance:

John Larcinese, President Cathy Alexander, Secretary Jeff Davis, VP Intramural Soccer Haven Hoilett, VP Travel

Minutes:

President's Report -

Travel registrations are still coming in. Some invitations are also being extended to players who did not try out. Technically, these players still have to register for try outs before their invitations can go out.

Uniform order deadline is <u>June 3rd</u> if teams want to get their uniforms by mid-August. Please send out reminders to the parents on your teams. If parents say they are not receiving the email invitations to order, then contact Jessica. If she doesn't resolve the problem in 24-48 hours, then contact Angelo's Soccer Corner. Coaches may find that they need to rebuild their team lists and emails.

After last month's meeting, there was no feedback from coaches about which leagues they would like to play in during the fall season. The U12 and under boys and girls can play in the Central League. PAGs is also an option for the U12 and under girls. U13 and up boys and girls can choose from Delco, PAGs, APL, or ADP. We are discouraging teams from registering with ICSL since their philosophies do not align with those of our club.

Secretary's Report -

The list of travel coaches and managers for the coming year includes some people who do not have their clearances or who do not have all of their clearances filed with the club. I will be contacting these people to begin the clearance process. If you are adding coaches or other parent leaders to your team, please email me their names so I can contact them about submitting the proper clearances.

We have navy blue adult Methacton United Soccer Club shirts that were sent to us by Adidas because we regularly order uniforms and merchandise from them. We did not order these complimentary shirts and we did not have any say in the sizes we received. We received a variety of sizes, ranging from medium to 2XL. All coaches and travel team managers, who have all of their clearances filed with us, may have a shirt. The shirts are

available on a first come, first served basis. The shirts are slim cut and run small. All of the 2XLs are gone. We cannot get more or trade for larger sizes. I still have medium, large, and XL shirts. If you would like one, please email me at secretary@methactonunited.org and I will set one aside for you.

VP of Travel Report -

Most of the teams have sent out their invitations.

Summer training will start June 4th and be held Monday-Thursday. The schedule will go out tonight. Goalkeeper training will start after the camp weeks.

Dawn, the registrar, will send out an email to all travel players with a link to the summer camp session and a discount code. Every player must register for camp so we know how many players will be there and we can plan accordingly. The camp is free for travel players and the discount code will knock the price down to \$0.00. Players who are not available for the camp week do not need to register.

Many spring academy sessions were rained out. There will be some make up sessions during the week following Memorial Day Weekend. These will be the only make up sessions since the summer academy sessions start the following week.

VP of Intramurals Report -

The IM season is finished. We lost the last week due to rain. We are going to try to do some make up games. An email will be sent out about rescheduling some of the IM games.

Fields –

People have been parking in the drop off area at Heebner. Coaches, please remind parents that they are not allowed to park there, even if they are sitting in their cars. John has talked to Worcester about blocking off this area.

Another issue is that the goals have been put out with no weights on them. This is a huge liability and has to stop. The coaches need to put the weights on the goals, even for small-sided or short games.

Coaches, please make parents aware that ticks are present on Heebner Field. Kids should be using bug spray and be checked for ticks.

Marc Small Tournament -

All scheduling goes through Bill Gray. If there are questions about sponsorship, these should be directed to Bill Gray and to the Marc Small planning committee.

Field Reservations -

The field reservation system will be active by the end of this week for both travel and IM.



Document Title

Andy Wilkes -

The Travel Coaches Manual was created so that our coaches have everything in one place. The goal is to foster a professional academy style of environment. <u>Andy will be emailing the coaches the complete set of slides for the manual.</u>

We use a four-corner model of coaching to help players develop. This model addresses technical/tactical, social, physical, and psychological goals. You should be trying to address these four areas at practices and training sessions. We are teaching players how to play, not how to win. Winning should be an outcome of our players' development.

We should also strive for the 80:20 rule: 80% should be player ball rolling time and 20% should be coaching time. Our training should be player centered with more time doing than listening.

While the professionals are leading the training practices, the travel coaches should also be involved in the process. It is fine to pull out a player and speak to him. This is preferable to stopping the entire group. Coaches can physically join the practices and help keep the kids focused.

Andy is not there to remove the travel coaches from the process. He wants them to step in, take ownership, and develop as coaches. With the younger kids, it is especially important to follow the 80:20 rule so that they are physically playing most of the time. With the older kids, we need to stop more and tactically break down plays.

Up until age 12, the players will still be fluctuating through most of the positions. At U13, we usually drag them down to playing two positions. That way, they are not constantly jumping around to various positions. It is a good idea to have them play a single position for 2-3 games in a row, and then try another position. The kids can be given player cards to read through before games. This reminds them of what their position is supposed to do.

Each travel coach should have a team plan. The team plan is mostly for the benefit of the parents. The plan is a summary of what the team has done, the highlights of the past year, the team's objectives, and what the team is trying to accomplish this year. The team plan also serves as your calendar.

Andy has provided the coaches with a link to the curriculum. This lists what the pros will be concentrating on at each training session.

A coach asked, "How much of the training content can be shared with the parents?" Andy replied that the coaches can make their own playbooks that share some of the content with the parents. It's especially beneficial for the younger players to review what each position does.

It would be a good idea to have some uniformity on the formations that each age group is using. By having continuity between the A and B teams, B team players can more easily play up with the A teams.

If the travel coaches would like additional information in any area, Andy can add this into the coaches manual.

